



Pole Level 2

Done	Trick Name	Date	Comment
	Attitude Spin / Stag Spin		
	Reverse Attitude / Reverse Stag Spin		
	Chair Spin + Variations		
	Diamond Toe / Carousel Fang		
	Cradle Spin		
	Spin Up From The Ground		
	Combo: Front Hook to Back Hook on Spin Pole		
	Combo: Diamond Toe to Back Hook		
	Combo: FanKick To Layback		
	Advanced Climbing		
	Hood Ornament		
	Figure Head		
	Basic Invert		
	Inverted Cheated Cruzifix		
	Inverted Cruzifix		
	Chopper out of Cruzifix		
	Shoulderroll Dismount		
	Cobra Dismount		
	Handstand Butterfly		

